



NECESSITY OF DISCOVERING THE PROJECT «KEY COMPETENCE HAPPINESS» FOR THE TARGET GROUPS: PRESENTATION OF THE PROJECT ITSELF

The work was done on the basis of the definition of happiness in everyday life and the apprenticeship of well-being in all situations.

What were trainees and trainers asked?

- 1) What do you think of this necessity? (do you agree ? completely, more or less, not at all, in each case, give your reasons)
- 2) When you agree, could you describe the different aspects of your life in which you think the tool will be useful, examples :
 - Working life : colleagues, clients, aims and objectives, hierarchy...)
 - Personal life : family, friends, leisure, economic situation ...



- People are waiting for advice
- People are aware of the stress generated by modern life
- After discovering some exercises people became aware of the possibility of learning differently. By developing key competence happiness, apprenticeship and training could be greatly ameliorated.
- People were waiting for more and more advice and methodology



The samples of the targets groups were constituted of various profiles : young, adults, unemployed or working people, students, trainees. Another target group was constituted of vocational trainers and professional trainers.

CONCLUSION

Everybody agreed that the first steps of the project showed the importance of building an attractive tool using new technology.

RESULTS :

Different groups were interviewed and shared opinions with the trainers. To sum up the answers which were collected, we can say :

For more information visit our [Website www.key-competence-happiness.eu](http://www.key-competence-happiness.eu)

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Lifelong Learning Programme

This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

